

YEAR 2	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
SEALS theme	<p>New Beginnings</p> <p>I can recognise and deal with my own feelings and I understand how to help others.</p> <p>I know what I am good at.</p>	<p>Getting On and Falling out / No to bullying</p> <p>I can see things from another person's point of view and work in a group.</p> <p>I can look at diversity between myself and others in the school/ world.</p>	<p>Going for Goals</p> <p>I know how I learn best and I can set goals that are broken into steps.</p> <p>I know how I could change my goals.</p>	<p>Good to be Me</p> <p>I can tell you what I find difficult and I can think of some things that relax and upset me.</p> <p>I understand how to look after animals and myself - keeping clean, hygiene, balanced diet, regular exercise.</p>	<p>Relationships</p> <p>I know when I feel cared for and when I love and care for someone.</p> <p>I understand that someone leaving me might still love me.</p> <p>I understand that all families are different.</p>	<p>Changes</p> <p>I know what a habit is and that it is hard to change some things.</p> <p>I know how I have changed from the past and I know what I would like to change in the future (and can set goals for this).</p>
Sex & Relationships	<p>Looking After The Body</p> <p>I can learn why it is important to keep clean.</p> <p>Learning Outcomes Describe how to look after particular parts of the body. Explain why it is important to keep clean. Describe and carry out basic hygiene. Know what to take responsibility for and when to ask for help.</p>	<p>Differences: Boys and Girls</p> <p>I understand and respect differences and similarities between boys and girls.</p> <p>Learning Outcomes Describe the ways boys and girls can be the same and different. Understand that some people have fixed ideas about what boys and girls can do. Describe the difference between male and female babies.</p>	<p>Differences: Male and Female</p> <p>I can explore some of the differences between males and females and understand how this is part of the life cycle.</p> <p>Learning Outcomes Describe some differences between male and female animals. Describe some differences between boys and girls. Understand that making a new life needs a male and a female.</p>	<p>Naming Body Parts</p> <p>I can focus on gender difference and name body parts (<i>introduce words 'vagina', 'penis' and idea that some people may use different names at home.</i>)</p> <p>Learning Outcomes Describe the differences between males and females. Name the male and female body parts.</p>	<p>Everybody Needs Caring For</p> <p>I can appreciate that everyone needs to be cared for and I know what to do if someone I trust is making me feel sad.</p> <p>Learning Outcomes Identify ways to show care towards each other. Understand that we all have different needs and need different types of care.</p>	
Drugs & Alcohol	<p>I'm starting to know the difference between good things that happen to my body and bad things.</p> <p>I know that my body is precious and I can feel confident and valued.</p>	<p>I know that I can put good and bad things in my body.</p> <p>I understand that some drugs prevent us from getting diseases and that some people always need medications.</p>	<p>I understand where medicines come from.</p> <p>I know when and why we have injections.</p> <p>I know who cares for medicines in my school.</p> <p>I know what it feels like to be ill and that some medicines can make me feel better.</p>	<p>I know about some common unsafe substances and where I might find them. (i.e. cleaning products, medications, etc.)</p> <p>I know that sharp and dirty things may hurt me.</p>	<p>I know who can help me in the school.</p> <p>I know that sharp and dirty things can hurt me.</p> <p>I know that cigarettes and alcohol have drugs in them.</p>	<p>I know that there are safe and unsafe places to go and how to recognise them and how to recognise when I feel unsafe.</p> <p>I know when to say 'no' and ask for help.</p>